

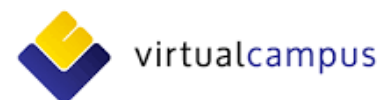
# CALMD- A comprehensive kit for social inclusion of people with mental disabilities PROJECT

*Newsletter No.1*



## LAUNCH OF THE “CALMD - A comprehensive kit for social inclusion of people with mental disabilities PROJECT

PROJECT  
CONSORTIUM



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In March 2021, the European Commission adopted the Strategy for the rights of persons with disabilities 2021-2030. The Strategy builds on the results of the previous European Disability Strategy 2010-2020, which paved the way to a barrier-free Europe and to empower persons with disabilities so they can enjoy their rights and participate fully in society and economy. Despite the progress made in the past decade, persons with disabilities still face considerable barriers and have a higher risk of poverty and social exclusion.

Together with our 4 partners (organizations that are active in Romania, Portugal, Greece and Italy) we have started discussing the prospect of developing a project for our network of adult educators that work with adults with disabilities as well as for the adults themselves.

The project will therefore have a twofold approach, focusing on developing competences for the professionals and providing adequate support and contents for adults with mental disability.

The project will not have only punctual interventions and activities with the group of 50 adults with mental disabilities, but it will have weekly interventions so that we can indeed monitor the progress of these adults



## The partnership will work together to produce:

- Methodology/training materials for professionals working with adults with mental disabilities
- An innovative supportive toolbox for adults with disabilities with self-guided activities for independent living
- MOOC platform where some videos with therapeutic impact will be developed
- Educational and therapeutic board games



*Do you want to know more?  
To know more about the project please visit our website [www.calmd.com](http://www.calmd.com)*



*The main target groups addressed by this project are:*

- specialists who work with adults with mental disabilities, and these can be: social counselors, social workers, psychologists, psychotherapists, occupational therapists, trainers, facilitators, adult educators, mental health nurse, peer worker etc
- adults with intellectual disability, pluridefficiency, serious development disorders, serious health problems, mental disorders, behavioral problems and/or language disorders

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